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## TARTARE? OUI, OUI!

WAY MORE THAN JUST  
RAW MEAT: TRY AN  
AUTHENTIC PARISIAN  
FAVOURITE

PAGE 31



## And then there's Soylent

100% not made of people! A Metro reporter spent a week consuming nothing but the meal replacement. Use Metro AR to see what others thought of the drink.



PAGE 17

## But is it safe?

Catherine Fortin LeFaivre, who's eyeing the Rideau-Vanier Ward seat, thinks more needs to be done for the ByWard Market area

PAGE 3

**BIEBER  
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## A ROYAL FEAST

Prince Charles feeds a polar bear at the Assiniboine Park Zoo in Winnipeg on Wednesday. The Royal couple are on a four-day tour of Canada. PAUL CHIASSON/THE CANADIAN PRESS

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Tourism Industry Council of Ontario

No injuries

## Police probe market shooting

The city's guns and gangs unit is investigating a shooting that took place on York Street May 20.

Police say four gunshots were fired in the 200 block of York Street around 2 a.m., though nobody was injured. Police continue to investigate and are urging anyone with information to come forward.

Anyone with information can call the Ottawa Police Service guns and gangs unit at 613-236-1222, ext. 5050. Witnesses may also call Crime Stoppers at 613-233-8477 or toll-free at 1-800-222-8477.

TREVOR GREENWAY/METRO

Kingston

## Escaped murderer arrested in park

A convicted murderer who walked away from a minimum-security prison in Kingston Monday has been recaptured.

Ontario Provincial Police said on Wednesday that around 9:05 a.m., federal inmate Cale David Presnail, 40, had been arrested by the Repeat Offender Parole

  
**David Presnail**  
POLICE HANDOUT  
Enforcement (ROPE) Unit and Kingston police officers without incident in a park in Kingston, after a member of the public phoned authorities to report seeing Presnail.

Presnail was sentenced to life in prison for second-degree murder in 1998. He had last been seen at the Collins Bay Minimum Institution around 5 p.m. Monday. METRO



Rideau-Vanier Ward candidate Catherine Fortin LeFaivre disagrees with Coun. Mathieu Fleury's view that the ByWard Market is safe. She says a lot more can be done to make residents feel safer. TREVOR GREENWAY/METRO

# Women don't feel safe in ByWard Market: LeFaivre

**Oct. 27 election.** Rideau-Vanier Ward candidate says holistic approach needed beyond more lights and cops



TREVOR  
GREENWAY

trevor.greenway@metronews.ca

place to live and hang out," a lot more can be done to make residents — especially women — feel safe.

"I have grown up in these parts. I went through these areas every day. You feel mostly safe, but at night — I can't speak for every woman — but I would say that a lot of us don't feel safe," LeFaivre told Metro Wednesday.

"When you see those (sexual assault complaint) stats and know that a lot of assaults don't get reported, then you can't just say everything is fine. Obviously we can do better," LeFaivre said, referring to a Metro special report last Friday on 12 years' worth of data about sexual assault complaints to police.

"Better" to LeFaivre means a lot more than just putting up more lights and flooding the market with cops. She looks at it as a holistic approach, as getting to the root of the problem means tackling issues like homelessness, affordable housing and other socio-economic issues across the city.

And "safety" goes beyond women walking at night. LeFaivre said a lot of residents use active modes of transportation to get around and the area is not safe for pedestrians and cyclists moving through downtown.

"They walk and they cycle to their work, so they want to be able to do that in a safe way and right now there is still a lot of biking accidents," she said.

"So, it's shifting that focus to instead of creating more highways, making the infrastructure possible so you can have that choice of biking to work safely."

If elected in the Oct. 27 election, LeFaivre wants to create a new vision for the ByWard Market — an urban plan that will "get everyone on the same page" in terms of what type of development residents want to see.

Other issues include welcoming an influx of students to Sandy Hill while preserving the community's character and taking on city daycare services, which she argues are lacking.

Visit LeFaivre's campaign website at [cfl2014.com](http://cfl2014.com).



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metro

04

NEWS

metronews.ca  
Thursday, May 22, 2014

Other nominees:



Véronique-Marie Kaye  
for Afghanistan



Andrée Christensen  
for Racines de neige



Danièle Vallée  
for Sous la jupe



Daniel Groleau Landry,  
of Orleans, in the poetry  
category for Rêver au réel



Michèle Matteau, who has won two previous Trillium awards was among a group of five Ottawa authors shortlisted for the award this year. CONTRIBUTED

## Ottawa writers on Trillium shortlist

**Recognized.** Five local francophone authors nominated for prestigious literary award

**LUCY SCHOLEY**  
lucy.scholey@metronews.ca

Five Francophone Ottawa writers have topped the shortlist for this year's Ontario Trillium Book Award.

The capital's crop of literary talents is among 16 poets and novelists nominated for the prestigious honour.

Local author nominees for the book award include Andrée Christensen for *Racines de neige*, Véronique-Marie

Kaye for *Afghanistan* and Danièle Vallée for *Sous la jupe*. In the poetry category, Daniel Groleau Landry, of Orleans, is nominated for *Rêver au réel* and Cumberland's Michèle Matteau is up for *Le fol aujourd'hui*.

"Writing is a very lonely job," said Matteau, who has won two Trillium awards and been nominated for one. "Even with the readers, you don't have direct contact most of the time. That's why it's a pleasure and an honour."

James Weyman, spokesperson for the Ontario Media Development Corporation, said at least a half-dozen writers from the capital make the shortlist every year.

"There's a great number of creative voices who seem to come out of that milieu,"

he said. "I'm not sure what it is about Ottawa, particularly. It may have something to do with the closeness of the urban environment and the countryside ... that seems to inspire a lot of very strong, poetic language."

The Trillium Book Award started in 1987 and has been honouring Ontario's authors since. Margaret Atwood, Austin Clarke, Thomas King and Michael Ondaatje are previous winners. Alice Munro won last year, just before she earned the Nobel Prize for Literature.

The winners of the English and French book categories will each walk away with a \$20,000 prize, while the top poets each earn \$10,000.

The winners will be announced June 17.

## Mall collapse. Engineer wants sneak peek of report

A former engineer criminally charged in the collapse of a northern Ontario mall is asking to see parts of a judicial inquiry report into the disaster before it is made public.

In a rare application to the commission, Robert (Bob) Wood says he will decide after a review — if granted — whether he wants to then ask for the parts related to him to be blacked out. Wood, 65, maintains potentially adverse

findings against him by Commissioner Paul Belanger in the final report could jeopardize his right to a fair trial.

The application asserts that because Wood is not yet asking for any redactions, he is not running afoul of the media's constitutional rights.

The Algo Centre Mall in Elliot Lake, Ont., collapsed June 23, 2012. Two women died and several others were hurt.

THE CANADIAN PRESS

## Dishcrawl. Foodies get a taste of Elgin Street fare



Foodies raved about Izakaya's Asian fusion meal at Dishcrawl on Tuesday.  
LUCY SCHOLEY/METRO

Ottawa foodies knew they were in for a treat — but they did not know what or where they would dine.

About 40 strangers gathered at the restaurant Backdrop, at 160 Metcalfe St. on Tuesday night for the Elgin Street edition of Dishcrawl.

It allowed food lovers to

hop around a few different restaurants and taste-test sample menu items. After Backdrop came at 339 Elgin St. and Maxwell's Bistro & Club, at 340 Elgin St.

Jan Napeñas-Fox, the Dishcrawl Ottawa ambassador, said there will likely be another event in July.

LUCY SCHOLEY/METRO



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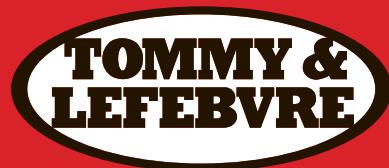
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**Election****Hudak forced to miss northern debate**

Progressive Conservative Leader Tim Hudak won't be joining his rivals to debate northern Ontario issues on May 26, even though he did show up for the head-to-head leaders' event in the last election.

The party says the debate

organizers made the decision to pick a date that "only worked for some parties, not all."

The tersely worded statement says the party had hoped there would have been an equal opportunity for all parties to talk about their plans for the region.

It says it was led to believe that there was a desire for a "comprehensive discussion."

NDP Leader Andrea Horwath and Liberal Leader

Kathleen Wynne have said they'll participate in the debate in Thunder Bay.

Hudak and Horwath held a northern debate in the 2011 election, but then-premier Dalton McGuinty declined, citing a scheduling conflict.

Horwath on Wednesday expressed surprise that Hudak would not attend the debate.

Hudak was the first to criticize McGuinty for skipping the northern debate

in the 2011 campaign, she noted.

"In the last election campaign it was the Liberals that gave a backhand to the north and this time it's the Conservatives that are giving a backhand to the north," she said while campaigning in Brampton.

New Democrats have been there for the north from Day 1, and will proudly take part in the debate again this time around."

THE CANADIAN PRESS

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# Presto providing speedier transactions

**Transit.** But critics of fare system remain unsatisfied, skeptical



LUCY SCHOLEY

lucy.scholey@metronews.ca

Bus commuters frustrated with the 24-hour transaction lag time on their Presto cards should now see swifter money transfers.

New software upgrades to the electronic fare system will reduce the one-to-two-day wait it usually takes for the transactions, says Coun. Diane Deans, chair of the transit commission.

The process will now take an average of four hours, but it could be as fast as 10 minutes.

Hilary Little, who's behind the Presto complaints website PrestoPain.ca, applauds the efforts to smooth over what she says is a problematic fare system, but she adds that the four-hour transaction time frame is still not fast enough.

"Any improvement is positive, especially one this big,

but it's still not going to meet users' needs until it's more or less instantaneous," she said.

Bus commuter and government employee Matthew Barthe says Presto has been the "bane of (his) existence" since he started using the system late last year.

He took a three-month paternity leave and cancelled his monthly bus-ticket renewal. But when he restarted the \$122 monthly membership late March in advance of his April 1 return to work, he says he had problems using the Presto card for his first bus ride.

Despite his membership, he says he was still charged from his card's e-Purse, so he ended up paying twice for a work commute. He says he's still working on getting reimbursed and is skeptical about the upgraded software.

"Unfortunately, at this point, only time will tell whether or not it functions at the capacity that they're advertising," he said.

OC Transpo has previously advised commuters to have cash on hand in case their Presto cards don't work and says the city will then reimburse riders.



Matthew Barthe holds up his Presto card, which he says has given him nothing but trouble. METRO FILE



Erikli Musollari is seen in this police handout photo. CONTRIBUTED

## 'Za-and-coke run ended in shooting, court hears

**Barrhaven.** At murder trial, drywaller recounts harrowing encounter

DENIS ARMSTRONG  
ottawa@metronews.ca

Half a gram of cocaine and a slice of pizza after work — it was all Barrhaven drywaller Paul Sawatzky wanted. Instead he got caught as a hapless bystander in a deadly fight between drug dealers.

Testifying on Day 2 of the murder trial for Erikli Musollari, Sawatzky, 34, told court he called his regular drug dealer — a guy he called Tony Montana — from the payphone at the Petro-Canada station at 1372 Prince of Wales Dr. on March 29, 2012, after work.

When the dealer said that he couldn't do the deal, he offered Sawatzky Musollari's phone number, who said that he had the cocaine, but didn't want to do the deal in Hog's Back. Sawatzky told Musollari to meet him at a nearby strip mall because he wanted pizza from a particular restaurant, and would have finished eating

by the time he arrived.

Sawatzky was eating a submarine sandwich (the Hog's Back restaurant was out of pizza) in his car, a burgundy Buick sedan, in a strip-mall parking lot with the passenger window half-open when Musollari arrived in a black Nissan and got into the front passenger seat of Sawatzky's car.

Sawatzky said that he knew Musollari well enough that the pair had looked at sharing an apartment together in 2010.

Seconds after completing the deal, Sawatzky said, he noticed two Lebanese men wearing hoodies approach Musollari's black Nissan, then Sawatzky's car, where they began punching Musollari and grabbing his two cellphones through the open window while yelling, "I told you not to deal here. This is my area."

Seconds later, Sawatzky said, he heard a loud bang that sent shattered glass from his front passenger window throughout the car's interior, and then he saw Musollari and another man running from the scene, leaving a third man, 31-year-old Peyman Hatami, lying face down on the parking lot near the car.

### Campaign trail

#### PC leader would 'destroy' Ont. auto industry: Wynne

Premier Kathleen Wynne took to the heart of Ontario's auto industry Wednesday, where Liberals have recently lost stronghold seats to the New Democrats, but aimed her attack squarely at the Tories, dismissing the NDP leader as "irrelevant."

"Tim Hudak would destroy the auto industry in Ontario," Wynne said of the Progressive Conservative leader. "He would move away from a decades-old strategy of partnerships between government and business." Earlier this year Hudak denounced a request by Chrysler Canada for a reported \$700 million from Ontario and Ottawa, which the company ultimately withdrew, as "ransom" and "corporate extortion." THE CANADIAN PRESS

### Kingston

#### Two charged with fraud in alleged grandparent scam

An Ontario woman and a Quebec man are both facing charges after Kingston, Ont., police investigated a "grandparent scam" targeting an elderly American woman.

Police say the intended victim — who lives in Illinois — received a phone call

from a man claiming to be a Kingston lawyer, who said her grandson was in a car accident and needed her to send \$8,400 to help pay for repairs and court costs.

The woman recognized the scam but played along to obtain additional details.

A 32-year-old Kingston woman, whose name is not being released, is charged with one count of fraud over \$5,000, as is Jackson Benjamin Roy, 32, of Vaudreuil-Dorion, Que. THE CANADIAN PRESS

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The two-week blackout period for ads in Ontario's election campaign was lifted Wednesday, so you can bet some new attacks are coming. Here's a critique of some of the best-of-the-worst attack ads in Canada's recent electoral history.

SCOTT TAYLOR

scott.taylor@metronews.ca

**1**

**Ad:** "Is Andrea Horwath for real?"  
**From:** Ontario Liberal leader Kathleen Wynne  
**Target:** Ontario NDP leader Andrea Horwath

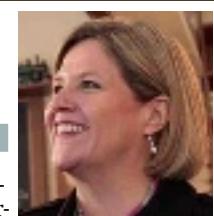


"Is this a personal attack? No. I don't perceive it to be a personal attack. I perceive it to be a message that says to voters: 'Take a long look at Andrea Horwath in terms of past support or the conditions and characteristics of the budget she rejected. Is this someone you feel you can trust?'" Anderson said.

Kathleen Wynne THE CANADIAN PRESS

**4****ads with bite****4**

**Ad:** "Aren't you ready to put the Liberals in the penalty box?"  
**From:** Ontario NDP  
**Target:** Governing Liberal party

Andrea Horwath  
THE CANADIAN PRESS

"I think that in this fiscal environment with a pretty large year-over-year deficit and a growing debt over the last decade or so, it's pretty hard for the NDP to position themselves as a party of big spending," Anderson said. "They may not propose massive cuts, but this is wasted tax dollars spent inefficiently."

**3**

**Ad:** "In over his head"  
**From:** Conservative Party of Canada  
**Target:** Justin Trudeau



Justin Trudeau THE CANADIAN PRESS



Michael Ignatieff TORSTAR NEWS SERVICE FILE

**Ad:** "Just visiting"  
**From:** Conservative Party of Canada  
**Target:** Michael Ignatieff

"Here's this (global) intellectual, elite guy, who sort of sweeps in for the easy victory and he's in it for himself and not for the voters," said Cameron Anderson, associate political science professor at Western University. "Something that made the ad succeed to a certain level was that Ignatieff didn't respond to it."

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## 20 million bees unleashed after truck crash

A beekeeper continues to collect beehive containers scattered along I-95 near Newark, Del., Wednesday. The ramp to I-95 in Newark reopened more than 12 hours after a rig carrying up to 20 million bees crashed Tuesday. Crews were spraying foam in the area to contain the swarms and some people received multiple stings. The rig, travelling from Florida to Maine, carried 460 crated hives. The driver and two passengers were able to get out of the vehicle, but were stung 50 to 100 times each. THE WILMINGTON NEWS-JOURNAL, SUCHAT PEDERSON/THE ASSOCIATED PRESS

## Uproar over Heir's remark

### Charles on Putin.

Prince's remark comes just ahead of Ukraine's presidential elections, slated for Sunday

The seemingly off-the-cuff comment reportedly made by Prince Charles in Halifax comparing Russian President Vladimir Putin's actions in Ukraine to the territory-seizing of Adolf Hitler has stirred debate in the United Kingdom about the role of the monarchy.

Labour Party MP Mike Gapes weighed in with a

tweet that suggested the Prince of Wales should have kept his comments to himself.

"In constitutional monarchy policy and diplomacy should be conducted by parliament and government. Monarchy should be seen and not heard," he tweeted.

When someone asked him about the prince's right to free speech, he replied on Twitter: "If you are heir to throne or monarch what you say matters. Normal 'free speech' argument not relevant." But Deputy Prime Minister Nick Clegg said the prince was "free to express himself." THE CANADIAN PRESS

### Ontario wildlife park

## Giraffe calf born through artificial insemination

A wildlife park in southwestern Ontario is celebrating the birth of the first giraffe in Canada through artificial insemination.

African Lion Safari in Cambridge says the calf named Safari was born on Dec. 31, 2013, but they

only announced the birth on Tuesday. The female calf, weighing 132 pounds and standing just under six feet tall, has since been introduced to the herd.

African Lion Safari says this is only the second time in the world that a giraffe has been conceived through artificial insemination.

The calf is a Rothschild giraffe, a subspecies that is classified as endangered.

THE CANADIAN PRESS

## Rehab. Rob Ford's Caddy is impounded by OPP

Toronto Mayor Rob Ford's Escalade has been impounded in the Muskoka region, after it was pulled over around 2:30 p.m. Tuesday, according to CP24.

The vehicle was pulled over by Bracebridge OPP on Muskoka Road 169 at Butterly Road. The female driver was found to be impaired by alcohol.

Ford is known to be in the area, while in rehab at the GreeneStone treatment centre. LeeAnne McRobb, 36, of Muskoka Lakes Township, faces charges of impaired driving and driving over .08. She will appear in court June 17.

A representative of Northland Towing and Recovery, in Gravenhurst, confirmed that his towing company received a black Cadillac Escalade, and that it is in their impound lot. He said the vehicle will remain there until the OPP chooses to release it.

Newstalk 1010 reported that McRobb is a former patient at Greenstone. "That's for me to know," she said when asked how she wound up behind the wheel.

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## New report. Retired baby boomers already affecting Canadian economy

No need to wait any longer for the baby boom retirement shock to hit the economy — it's already here, according to a new report on trends in Canada's labour force.

In a fresh analysis on employment, Royal Bank economist Nathan Janzen notes that the steady decline in the so-called participation rate continues even as the unemployment rate drops.

The participation rate, a little reported number that

tracks Canadians with jobs and those looking for jobs as a percentage of the working-age population, dipped to 66.1 per cent in the latest employment data for April, down from 66.5 per cent from a year ago and from 67.8 in February 2008.

But the data does show that 95 per cent of the increase in the number of Canadians not in the workforce today is because they self-report not wanting a job, mostly because they've retired.

**THE CANADIAN PRESS**

Longueuil, Que.

### Father of teen girl sentenced

A Quebec man who slapped his teenage daughter so hard she died has been sentenced to 60 days in jail.

Moussa Sidime is expected to serve his time two days a week over 30 weeks.

The 74-year-old man had pleaded guilty to manslaughter in the death of his 13-year-old daughter Noutene in October 2010.

The court heard Sidime struck her because he didn't like how she'd completed a chore and because she had been disrespectful.

**THE CANADIAN PRESS**

# Canada pledges \$36M to aid nine African nations



A mother comforts her severely malnourished and dehydrated child in Wajir hospital, Wajir, Kenya. CHRIS JACKSON/GETTY IMAGES

### Seven-year plan.

Money will help pay for research into the primary health-care needs of mothers, newborns and children

Ambrose was at the World Health Assembly in Geneva when she pledged the money to help pay for research in nine countries into the primary health-care needs of mothers, newborns and children. The countries are Ethiopia, Ghana, Tanzania, Mozambique, Mali, Senegal, South Sudan, Malawi and Nigeria.

Obhrai said Canada will put up \$19.9 million over six years to staff and equip four mobile primary health-care clinics and provide other services to 350,000 people in more than 600 remote communities in Warrap state, South Sudan.

Canada will also help train 1,500 community health volunteers, deliver 116,000 anti-malarial bed nets and build 170 safe drinking-water points.

Hours later in Calgary, Deepak Obhrai, the parliamentary secretary to Foreign Affairs Minister John Baird, unveiled another program to help mothers and children in South Sudan.

**THE CANADIAN PRESS**

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# Comic books coming true



Michael Fieldson, the civilian project manager for the Tactical Assault Light Operator Suit at MacDill Air Force Base, looks at sketches of the body armor exoskeleton during the Special Operations Forces Industry Conference in Tampa, Fla. TAMARA LUSH/THE ASSOCIATED PRESS

## 'Iron Man' Pentagon hopes for high-tech armour in field by 2018

In the 2008 movie "Iron Man," the main character becomes a superhero after building a suit of armour with an exoskeleton that gives him incredible strength.

Today, elite U.S. special operations forces may be a few short years away from donning a similar suit, one that can monitor the user's vital signs, give him real-time battlefield information and be bulletproof from head to toe. The suit might eventually have other features unheard of only a few years ago, including an exoskeleton made of liquid armour, smart fabrics that could help stop hem-

orrhaging, enhanced sensory capabilities and Google Glass-like visuals.

The Tactical Assault Light Operator Suit (TALOS) project is co-ordinated through the Special Operations Command headquarters at MacDill Air Force Base in Tampa. Prototypes are expected to be shown to military commanders in June, with hopes that the suit will be given to high-risk units in 2018.

While the project sounds like something out of a science fiction novel, its mission is simple, said James Geurts, the Deputy for Acquisition of the U.S. Special Operations Command at MacDill.

"If there's anything I can do to more rapidly field technology, give better protection, better capability, any progress, I think we've done well." THE ASSOCIATED PRESS

### Toronto

## Judge says bad neighbours need 'kindergarten'

An Ontario judge has scolded feuding neighbours in a lawsuit centred on the dirty deeds of a dog.

The justice writes that the "high point" of the civil claim made by one set of homeowners against their counterparts across the street was a "poop and scoop" that was apparently dropped by the dog owner in the rival neighbours' garbage can. As Justice Ed Morgan writes, the case went "downhill from there."

THE CANADIAN PRESS

### Sydney, Australia

## A bird in the pants is worth...?

Customs officials at Sydney, Australia's airport said Wednesday that they found 16 wild-bird eggs in the crotch of a passenger's pants.

The 39-year-old Czech man arrived Tuesday on a flight from Dubai when customs officials selected him for a baggage examination, Australian Customs and Border Protection Service said in a statement.

The charge of importing regulated live specimens without a permit carries maximum penalties of 10 years in prison and a fine of 170,000 Australian dollars (\$172,000 CDN).

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**Decimated****Brotherhood leaves void**

There is a gaping hole in the centre of next week's presidential election in Egypt: the space once filled by the Muslim Brotherhood.

The former political powerhouse that won election after election the past three years has been decimated by a crackdown

since the military last summer ousted President Mohammed Morsi, a veteran Brotherhood figure. The Islamist group has been declared a terrorist organization, hundreds of its supporters have been killed and thousands arrested.

And the man who removed Morsi — the now retired army chief Abdel-Fattah el-Sissi — is a near certainty to win the elec-

tion, taking place Monday and Tuesday.

The election could seal the group's expulsion from political life: If turnout is strong among Egypt's 53 million voters, authorities could present that as a solid evidence that the public rejects the Brotherhood and supports Morsi's ouster, which Islamists brand a coup against the popular will.

The Brotherhood's only tool now has been to declare a boycott of the election, branding it a farce, and try to escalate the street protests it has been holding since Morsi's July 3 ouster.

The goal is to dent the legitimacy of the election and keep Islamists' voice alive, hoping to draw supporters if el-Sissi's popularity collapses.

THE ASSOCIATED PRESS

# Mubarak years in sons get

**Embezzlement trial.**

Former Egyptian president still to face a retrial over the killing of hundreds during 2011 uprising

A Cairo court on Wednesday convicted ousted Egyptian president Hosni Mubarak of embezzlement, sentencing him to three years in prison.

The graft case against the 86-year-old Mubarak, who is kept in custody at a military hospital, is one of two against the former president who was ousted in a popular uprising in 2011 after nearly three decades in power. He is being retried over the killings of hundreds of protesters during the uprising.

Mubarak's two sons, one-time heir apparent Gamal and wealthy businessman Alaa, were also convicted Wednesday of graft and sentenced to four years in prison each in the same case.

In a separate trial, a court in the Nile Delta city of Mansoura on Wednesday convicted 155 people prosecutors say are members of the outlawed Muslim Brotherhood, of violence-related charges, to jail sentences of up to 25 years. Seventy-nine of the defendants are fugitives and were tried in absentia.

The three Mubaraks were convicted of charges that they embezzled millions of dollars' worth of state funds over a decade toward the end of Hosni Mubarak's rule. The funds were meant for renovating and maintaining presidential palaces but were instead spent on upgrading the family's private residences.

Hosni Mubarak "had a duty to restrain himself and his sons from stealing state funds ... but instead, he gave himself and his sons licence to embezzle public funds, helping themselves without oversight or consideration. Hence, they deserve to be punished," judge Osama Shaheen said as



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A veiled supporter of ex-Egyptian president Hosni Mubarak holds a portrait of him. AMR NABIL/THE ASSOCIATED PRESS

# get 3 jail; his 4 years



he handed down the verdict in the hearing carried live by state TV.

Mubarak and his two sons showed no emotion as the verdict was read. The ousted president waved to supporters present at the courtroom before the verdict was announced.

Protecting state funds is not a "novelty" and should not have been an "unbearable burden" for the former president since he had taken an oath to respect the constitution and the law, said Shaheen.

The three Mubaraks were also fined 21.1 million Egyptian pounds (\$2.9 million) US and ordered to reimburse 125 million Egyptian pounds (\$17.6 million US) to the state treasury. They have the right to appeal their conviction before a higher court.

The Mubaraks had returned around 120 million Egyptian pounds to the state in connection with this case in the hope that the charges would be dropped, but the proceedings against them continued anyway.

Four other defendants in the case were acquitted.

Mubarak, who turned 86 this month, attended Wednesday's hearing in a suit and tie. His two sons wore white prison uniforms.

They have all been held in custody since 2011 but only time in custody in connection with this case — about a year since the embezzlement charges were raised — will be deducted from the sentences.

Under Egyptian law, maximum sentences for embezzlement vary depending on the nature of the crime, but 15 years' imprisonment is not uncommon.

Mubarak was found guilty in June 2012 of failing to stop the killing of more than 900 protesters during the 18-day revolt against his rule and sentenced to life imprisonment.

His conviction was overturned in January 2013. That decision was appealed by prosecutors, and a retrial began in April 2013.

THE ASSOCIATED PRESS

Mubarak holds a pillow with his image in front  
court sentenced Mubarak to three years in prison for

## Afghanistan

### Taliban attacks kill at least a dozen

Taliban fighters launched attacks in several Afghan provinces on Wednesday, killing at least 10 policemen and three civilians, officials said. Villagers also found the bodies of eight slain police officers who were abducted by militants two weeks ago.

The Islamic militant

group has launched its annual spring offensive promising to step up attacks against Afghan security forces in a bid to undermine the Western-backed government as foreign combat troops prepare to withdraw by the end of the year. The Taliban also have pledged to disrupt voting as Afghans prepare for a second round of presidential elections on June 14.

THE ASSOCIATED PRESS

## Pakistan

### Airstrikes kill 60 militants in North Waziristan

Pakistani warplanes and helicopters pounded militant hideouts near the Afghan border on Wednesday, killing 60 fighters, while a shootout between security forces and militants left four soldiers dead, the

army said.

The airstrikes mainly targeted Mir Ali, a town in the lawless tribal region of North Waziristan, the army said in a statement. Hours later, "an encounter between security forces and terrorists took place" in Mir Ali, leaving 11 insurgents and four soldiers dead, the military said in a separate statement.

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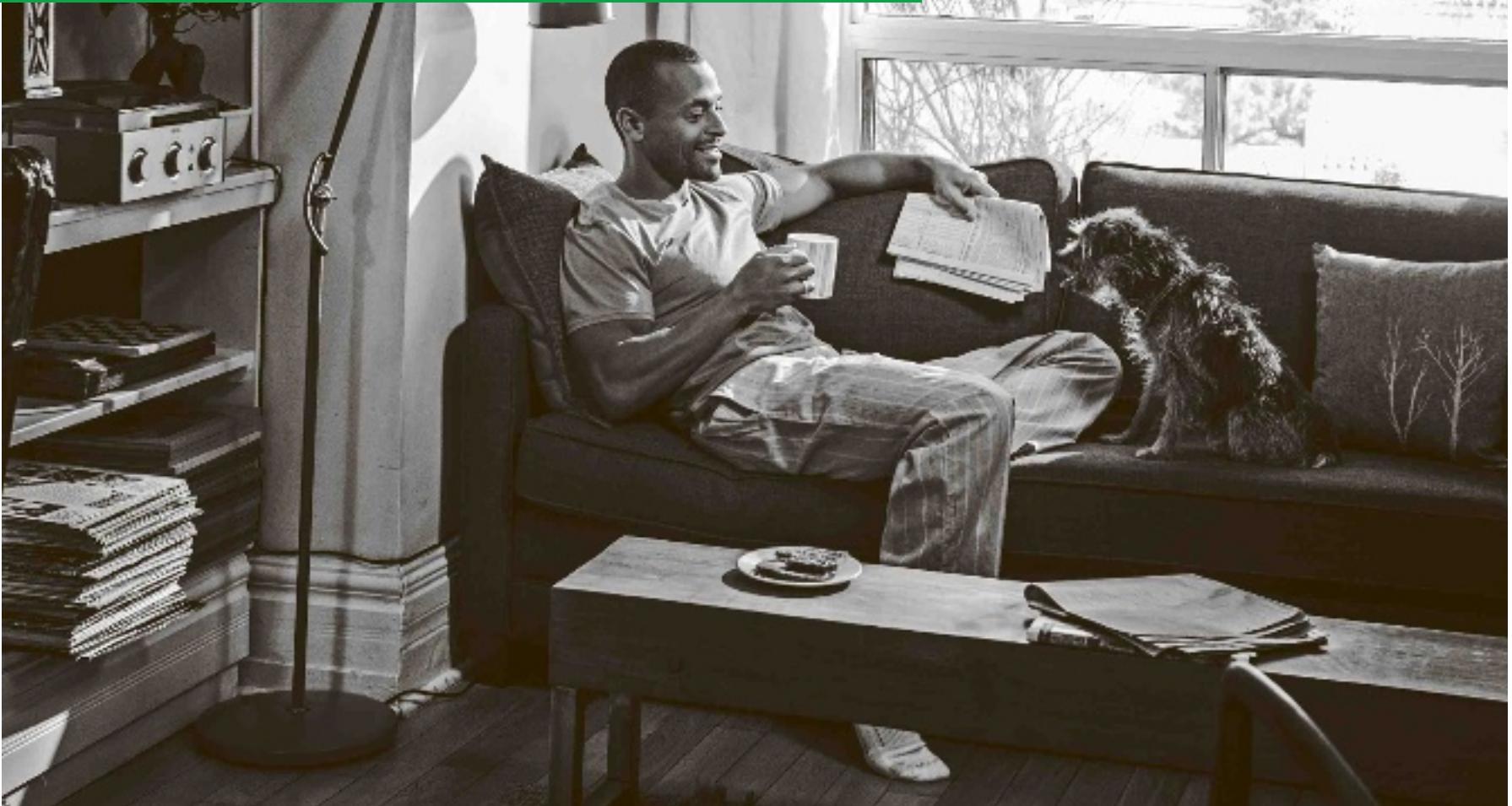
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## Flood recovery to cost billions in Serbia, Bosnia

Bosnian residents from a nearby village film floods in the village of Domaljevac near the Bosnian town of Orasje along the river Sava, 200 kilometres north of Sarajevo, on Wednesday. Floodwaters have receded in Bosnia and Serbia, just enough to reveal the next shock: Recovery from the historic flood will probably cost billions of euros that neither country has. Although there's no official total for flood damages, the Raiffeisen Investment Group said in a note to investors that preliminary estimates are nearly \$1.8 billion US for Bosnia alone. In neighbouring Serbia, Prime Minister Aleksandar Vucic has said damages could range up to \$2 billion. The record flooding has led to at least 44 deaths: 22 in Bosnia, 20 in Serbia and two in Croatia. Bosnia has one of the lowest gross domestic products in Europe and an unemployment rate of up to 44 per cent. AMEL EMRIC/THE ASSOCIATED PRESS

# Residents report extremist group attacked villages

**48 more dead.** After car bombings that killed 118 in Jos, Boko Haram terrorists target Nigerian villages

Boko Haram assaulted three villages in northern Nigeria, killing 48 people, residents said Wednesday, hours after twin bombings claimed at least 118 lives in this central city in an attack the government blamed on the Islamic extremists.

One of the villages attacked between Tuesday night and early Wednesday is near the town of Chibok, where more than 300 schoolgirls were kidnapped last month by Boko Haram, according to residents and a state



A victim of Tuesday's car bomb explosions receives treatment in Jos University Teaching Hospital in Jos, Nigeria.  
SUNDAY ALAMBA/THE ASSOCIATED PRESS

intelligence agent who spoke on condition of anonymity.

During the latest attack on

three northeastern villages, terrified residents said they hid in the bush and watched while Boko Haram fighters set their thatched-roof homes ablaze.

"We saw our village go up in flames as we hid in the bush waiting for the dawn. We lost everything," Apagu Maidaga of the village of Alagarno told The Associated Press. The nearby villages of Bulakurbe and Shawa also were attacked.

In Jos, at least 118 people were killed in Tuesday's bombings, and 64 were hospitalized.

Most victims were women and children who worked as vendors, said Mohammed Abdulsalam of the National Emergency Management Agency. "We expect to find more bodies in the rubble," he said.

THE ASSOCIATED PRESS

## Criminal allegations. Woman claims she was kidnapped 10 years ago and forced into marriage

A woman who was 15 when she disappeared from her home a decade ago has contacted police and told them she was kidnapped by a man who sexually assaulted her, forced her into marriage and fathered a child with her, authorities said Wednesday.

Police have arrested Isidro Garcia, 41, on suspicion of kidnapping for rape, lewd acts with a minor and false imprisonment, according to a statement from the Santa Ana Police Department.

In 2004, when the victim was 15 and had recently arrived in the United States without legal documentation, Garcia was dating her mother and lived with the family, authorities said. The mother suspected that he was sexually abusing her daughter, police said.

In 2004, Garcia assaulted the mother, drugged the girl and then fled with her to a house in Compton, locking her in a garage, the statement said.

Garcia repeatedly told the victim that her family had stopped searching for her and that they would be deported if she tried to leave, the state-

### Similar case

The arrest comes a year after kidnapping and rape victims Amanda Berry, Gina DeJesus and Michelle Knight, three women who'd gone missing separately about a decade earlier, were rescued in Cleveland.

ment alleges. In 2007, Garcia got false identification papers for her from Mexico so he could marry her, Santa Ana Police Cpl. Anthony Bertagna said. In 2012, he had a child with her.

Garcia secured two jobs for them on a night cleaning crew so he could keep watch over her, authorities said. Bertagna said she tried to escape twice but was severely beaten.

The 25-year-old woman, whose identity is not being released, contacted authorities Monday. Police said she came forward after finding her sister on Facebook. She has been reunited with her mother.

The case has been presented to the Orange County district attorney's office for consideration.

### Nigeria

### U.S. deploys 80 to help with search for kidnapped girls

The United States has deployed 80 military personnel to Chad to help locate the nearly 300 girls kidnapped in Nigeria last month, President Barack Obama said Wednesday.

Obama said the service members will help with intelligence, surveillance and reconnaissance aircraft for missions over northern Nigeria. He says the force will stay in Chad until it is no longer necessary.

THE ASSOCIATED PRESS

### Paris

### High winds in France kill two

High winds whipping across France have killed two people and, in an unusual measure, pushed the city of Paris into closing all parks and cemeteries.

Three dozen regions in France went on alert Wednesday. Officials said winds could reach 100 kilometres per hour in Paris and elsewhere, prompting a closure of cemeteries and parks in the city.

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## Twin-towers trauma. Visitors to 9-11 museum get tissues, counselling

There are prominent videos of the twin towers collapsing, photos of people falling from them, portraits of nearly 3,000 victims and voicemail messages from people in hijacked planes.

But behind the wrenching sights and sounds of the National September 11 Memorial and Museum in New York lies a quiet effort to help visitors handle its potentially traumatic impact, from silent spaces and built-in tissue boxes to a layout designed to let people bypass the most intense exhibits.

Discreet oak-leaf symbols denote items connected to the dead, and the images of falling victims are in an alcove marked with a warning sign.

And American Red Cross counselling volunteers stood by as the museum opened to the public Wednesday.

"There's a lot of thought given to the psychological safety of visitors," said Jake Barton, who helped create the exhibits.

### New York

The new National September 11 Memorial and Museum aims to help visitors handle its potentially traumatic impact.

- The museum's layout allows people to bypass the most intense exhibits.
- Tissue boxes are built in.

Museum planners realized early on the challenge of trying not to shatter people "while at the same time being true to the authenticity of the event," said Tom Hennes, founder of exhibit designer Thinc Design.

Trauma specialists told museum leaders that sounds of voices and images of hands and faces could be particularly distressing, and that visitors should get to choose what to see.

THE ASSOCIATED PRESS



Markus Kaarma, 29, is followed into Missoula District Court by his girlfriend, Janelle, with their child Wednesday. MICHAEL GALLACHER/THE ASSOCIATED PRESS

## Shooter of student pleads not guilty

### Argues he was protecting property.

German exchange student, 17, slain after entering man's garage

A man trying to catch the thieves who targeted his house pleaded not guilty Wednesday to deliberately killing a 17-year-old German exchange

student who entered his garage, a case that ignited debate about laws allowing people to kill to protect their property.

Markus Kaarma, 29, of Montana, was arraigned in the April 27 death of Diren Dede of Hamburg, Germany.

Deputy Missoula County Attorney Andrew Paul said Kaarma's neighbours fear him and the investigation into the deadly shooting turned up a pattern of irrational and aggressive behaviour.

Defence attorneys argued the neighbours' fears are "not based in logic" but are a result of the public outcry over the case that caused some critics to question a Montana law that allows people to use lethal force to defend themselves or their property.

Prosecutors allege Kaarma and his girlfriend were frustrated over recent burglaries and set up motion sensors and video cameras to try to catch the thieves.

The couple had left their garage door partially open the night of the shooting, and Kaarma blindly fired four shots into the garage after they spotted a trespasser, charging documents said.

Prosecutors say Dede was apparently looking for alcohol when he entered Kaarma's garage.

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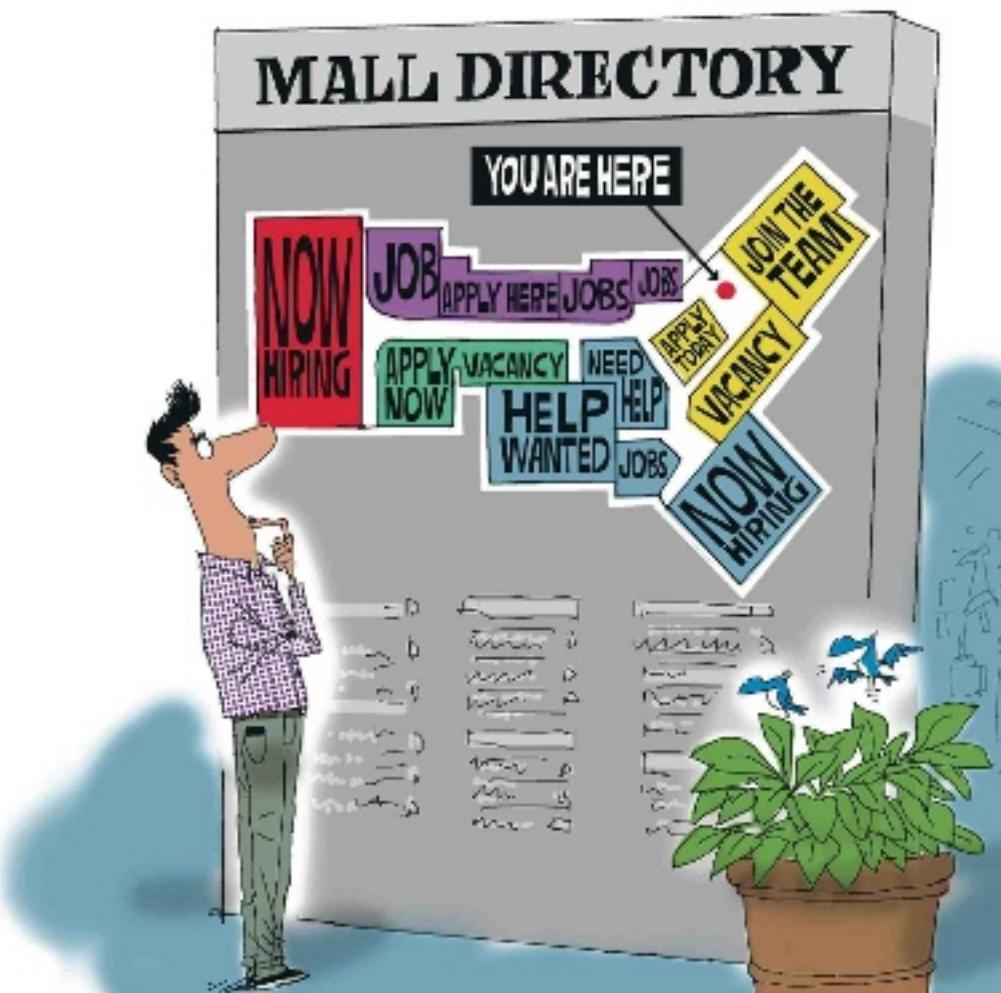
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# FINAL SEVEN DAYS! COAST TO COAST! DEALER INVOICE! SALE

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What do other people think? Reporter Jessica Smith Cross takes to the streets to find brave folks willing to give it a taste. Scan the photo below with your Metro News app to watch the video.

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Thursday, May 22, 2014

NEWS

17

# Seven days of Soylent

## Forgoing solid food.

Soylent may be convenient, but it's not very appetizing, says reporter Jessica Smith Cross, who spent a week living on the liquid

 JESSICA SMITH CROSS  
jessica.smithcross@metronews.ca

Standing at the streetcar stop a few weeks ago, tired and hungry after a long day at work, my arms loaded down with groceries, I longed for Soylent.

I had interviewed Rob Rhinehart, whose company sells Soylent, a beige liquid that he claims has every nutrient, calorie and protein the body needs. It's made from a bag of powder — maltodextrin (simple carbs), rice protein, oat flour and a blend of vitamins and minerals — and a packet of oils that provide fat and omega-3s. It costs about \$10 a day. You just mix, carry it around in water bottle, and sip.

He'd promised to send a sample. Though I enjoy eating and cooking, the idea of taking a break (from shopping, cleaning, being too busy to eat and then wanting anything covered in cheese) was appealing.

People worldwide are clamouring for Soylent. His company raised more than \$1 million in pre-orders through crowdfunding, and more still in venture-capital funding.

Rhinehart, who is trained as an electrical engineer, was working at a failing startup in California when, time and money-starved, he decided to "hack" food. He wrote a blog post called "How I stopped eating food" about eating nothing but Soylent for 30 days.

"My energy level had skyrocketed at this point, I felt like a kid again ... I feel like the six million dollar man. My physique has noticeably improved, my skin is clearer, my teeth whiter, my hair thicker and my dandruff gone," he wrote.

He went on to live on Soylent for two more months. Today, he relies on it for 90 per cent of his meals, he said.

It sounded wonderful, so I decided to give it a try. Here is my own account of seven days on Soylent. The rule I set for myself: I couldn't eat anything. I drank Soylent, along with coffee, lattes and water. I imbibed a few alcoholic drinks and an Italian soda.

Results may not be typical.



Metro reporter Jessica Smith Cross ate nothing but Soylent for seven days. METRO

## Tuesday

With a friend as fellow guinea pig, I mixed my first batch of Soylent with equal parts trepidation and excitement. The smell was familiar, vanilla, like batter; the taste slightly sweet with chalky notes.

Moments later we received news a mutual friend had died, not unexpectedly. Soylent was forgotten. That evening with friends, they snacked as we swapped stories of our friend. Later, as they cooked dinner in my kitchen I thought about how food is a ritual we bond over in joy and grief. When there were breaks in conversation, a friend would ask about Soylent, and everyone would weigh in with a question, thought or joke. It helped.

## Wednesday

I felt awful. I began having heartburn and I'd feel discomfort after drinking it. I was finding myself not hungry, but missing being full. Instead of a break from food, it was all I was thinking about. Any advertisement, mention or smell of food would upset me. I couldn't stop thinking of the scene in the dystopian sci-fi film Soylent Green

(in which their Soylent is made of people) where the character Sol — who hasn't had real food in years — takes great pleasure in eating lettuce. Oh, God, I missed lettuce.

## Thursday

I was getting bored with the monotony of Soylent, so for breakfast I added espresso powder and ice. For lunch, when I tried to microwave it, it got thick, formed an air bubble and exploded. But thinned down with some hot water and with chocolate powder, it made a not-bad hot chocolate.

The cravings for real food weren't going away. When a co-worker offered me a doughnut, I barked, "No," so loudly the whole newsroom stared at me.

Later, at a get-together I tried a Soylent cocktail and made a Bailey's-whiskey mix. Not bad, but after one, I'd had enough.

## Friday

On Fridays I volunteer at a breakfast drop-in program. I thought it would be difficult to surround myself with large quantities of food. Fortunately, it was so busy I didn't have time to think about it.

## Saturday

At a friend's cottage, the host put together a beautiful array of food — fruit, nuts, cheese, meat, bread, avocado and hard-boiled eggs. I stared longingly. This was the start of my food-staring phase. When my husband was eating a delicious-looking beet salad that night, I couldn't tear my eyes away. My mouth watered. "Describe it to me," I demanded.

"This is weird," he replied.

## Sunday

At dim sum with friends there was more staring at food, more jokes about how crazy it is not to eat. It was funny, but I was sad to miss the experience of sharing and tasting food. I noticed it was getting easier. The trouble digesting Soylent was all but gone. I got used to feeling a food craving, acknowledging it and moving on. I had the energy to go out dancing.

## Monday

At the gym, I was happy to find I was in the same shape as the week before. I had the energy for my normal workout. I hadn't lost or gained weight.

But then, Soylent isn't that kind of diet. In the last few hours, I made a batch of muffins for the morning and it took all of my will not to eat one.

## The final gulp

I never got to the point where, like Rhinehart had described in his blog post, I wouldn't crave food if I smelled it, but want Soylent instead. I never felt I had extra energy.

Rhinehart attributes the "six million dollar man" feeling to his switch from an unhealthy diet to a healthy one, so perhaps I had a healthier baseline.

Knowing I'd been eating nothing but Soylent all week, he told me that wasn't Soylent's intended use. Soylent's marketing department had told me the same after I complained on Twitter about finding that hard.

But everything I read about Soylent, beginning with Rhinehart's own blog, suggested it could be all the food you need.

It's been heralded in the media as "the end of food" and a product that could change the world as we know it, so I was disappointed to be scolded for trying to live on it for just a week.

"The product wasn't meant

Jessica's Saturday meal (bottle) versus her friends' (gorgeous spread). Scan the photo with your Metro News app to watch a clip from Soylent Green. METRO



## Soylent on tap?

### A future free off food fears?

After lengthy delays, Soylent is now shipping product to its initial backers based in the U.S. who ordered a three-months supply.

In the long term, Rhinehart said, he envisions a world where Soylent is free on tap and no one has to worry about food again.

In line with that vision, he's taken an open-source approach to Soylent; he posted the recipe online and doesn't have any patents. He said there will be some changes to the recipe, as he hopes to source much of the product from algae, as it's an environmentally friendly and efficient food.

A clinical trial designed to test the health effects of a Soylent diet is underway, Rhinehart said. Most skepticism from nutritionists, dieticians and doctors have been on the lack of testing.

"That's kind of overkill for a food," said Rhinehart. "A lot of people get very concerned about this product, but it's just food, like fish and chips, or cereal."

for the user to live on it entirely," Rhinehart said. "That wouldn't be very interesting or very fun. But it is possible."

He said Soylent is a substitute for "utility" meals — those you don't have time to enjoy and likely aren't healthy as it's expensive to eat well on the go.

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BUSINESS

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Thursday, May 22, 2014

## New club shows Hov is a business, man

**At the 40/40 Club, ESPN on the screen.** Jay Z gets dirt off his shoulder, tries again with club in Atlanta airport after closures in Atlantic City & Vegas

Jay Z brought his 40/40 Club to the world's busiest airport on Wednesday, with the opening of the swanky bar's third location.

40/40 is open to ticketed passengers at Hartsfield-Jackson Atlanta International Airport, according to spokeswoman Victoria Hong of Delaware North Companies, which partners with the rap mogul. The sports bar is in the airport's Concourse D concessions area, Hong said.

"We want to have the same type of feel as the regular 40/40 Club," Hong said. "It's the airport ver-



As Jay Z raps, he's not a businessman, he's a business, man. GETTY IMAGES

at 1,500 square feet — on a different floor. The lounge is expected to open in the late fall, Brown said.

Brown called the lounge a "scaled down" replica of original club.

40/40 restaurant and lounges also are located in Manhattan and the Barclays Center in Brooklyn. Jay Z also had clubs in Las Vegas and Atlantic City, N.J., but both closed.

40/40 is known at the New York locations for its live music and sports memorabilia and for attracting sports celebrities and music stars such as Nicki Minaj and Lil Wayne.

The original Manhattan location opened in 2003, with Jay Z and business partner Juan Perez.

40/40 was named after the rare feat among ballplayers of hitting 40 homers and stealing 40 bases in one season.

THE ASSOCIATED PRESS

sion of the 40/40 Club."

Airport concessions director Paul Brown said there are plans to create a VIP lounge area of the club, separate from the sports bar —



### Pawsitively pricey professional pet portraits

A photo provided by a pet photographer shows client Heyla, a 10-year-old Saluki, photographed in Paris. Pet portraiture is becoming big business for photographers as more and more families seek to capture canine memories. A consultation and hour-long photo shoot can fetch \$500 US. RACHAEL HALE MCKENNA/THE ASSOCIATED PRESS

## TODAY'S HOROSCOPE: Neptune is suggesting that now may be the perfect time to get the Metro News App

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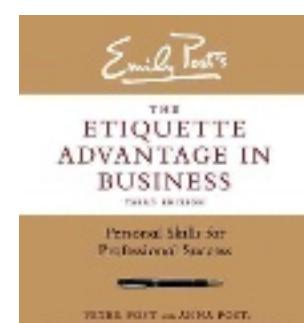
metro

## Etiquette in an e-world

Don't know what to do when you butt-dial the entire office?

No need to fret: The great-great-granddaughter of Emily Post has just released a third edition of The Etiquette Advantage in Business. She said an update was needed to take into account the explosion in social media and digital communications, along with a more casual work environment in many fields.

When you make a mistake, fess up. Post recalled a recent radio show call-in question that went something like this: "I butt-dialed all of my



### History

Etiquette expert extraordinaire Emily Post died in 1960, but her family has carried on her love of good manners through the Emily Post Institute in Vermont.

business contacts while on a 10-hour hike over the weekend. What do I do and is there a term other than butt-dial

that I can use? We say purse- or pocket-dial work, too, and apologize immediately using whatever communication you usually use for each contact."

THE ASSOCIATED PRESS

### Database compromised

#### eBay asks users to change passwords after cyberattack

E-commerce site eBay is asking users to change their password after a cyberattack compromised a database containing encrypted passwords.

The company says there is no evidence of any unauthorized activity and no evidence any financial or credit card information was stolen.

THE ASSOCIATED PRESS

### Site to hand over info

#### Time to rethink renting out your place on Airbnb?

New York's attorney general and the website Airbnb have reached agreement on information disclosures about short-term New York City apartment rentals in a state investigation of illegal hotels.

"We are going to pursue anyone who's running illegal hotels," Schneiderman told The Associated Press. THE ASSOCIATED PRESS

### Market Minute

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Dow Jones: 16,533.06 (+158.75)

# DRESSING FOR BACHELORS 101

Clothes make the man, wouldn't you agree?

When I met my girlfriend, I worried I'd no longer be able to write about my favourite topic: bachelorhood. But I always understood deep down that bachelorhood is not about your relationship status. It's about living a lifestyle that leads acquaintances to assume you live in the woods, possibly with wolves.

If you eat Mini-Wheats directly from the box for "dinner," wash the dishes by whacking them against a hard surface or, yes, dress like you found your clothes in the dumpster outside the Goodwill, then you get to keep the bachelorhood union card.

My wardrobe keeps me rooted in the comfortable environs of bachelorhood, girlfriend or no.

I'm not what you would call fashion-forward, or even fashion-sideways, but I dress pretty well.

I mean, if there's a tie involved I can't. And if my back's acting up then putting socks on requires a repeated fishing motion until I "catch" the sock on my big toe. And I find it hard to work buttons



HE SAYS

**John Mazerolle**

metronews.ca

while I'm looking in the mirror.

But when my girlfriend and I went shopping for jeans this week, my contribution was pulling them on, so I definitely dress pretty well. Usually.

Despite these wardrobe malfunctions, I still have the bachelor clothing itself down to a science. Observe with these tip-top tips:

#### How to be a fash-ist: Clothing for bachelors

*Be fashionable in bulk:* The worst part about clothes is that you have to buy them. One of the reasons I've managed to keep slim over the years is that when my jeans start to get tight in the waist, I lose weight. Self-discipline? No. I'd simply rather diet and exercise for three months than shop for 45 minutes.

So, if you try on something you like, make a beeline back to the table it came from and buy it in every colour available. Also buy larger sizes for when you gain weight and smaller sizes for when you're old and frail.

If anyone notices you're wearing the same pattern day after

day, it means they like you. Go for it.

*Dress outside the box:* Say you only have one black button-up shirt that you've worn for at least 10 years and which gets used for every semi-formal event, from wedding to funeral to job interview for newspaper columnist. Hypothetically.

If that sounds like you, your wardrobe probably seems a little spare. But wait! Did you know you can wear that shirt unbuttoned OR buttoned? Tucked OR untucked? Clean OR dirty? Suddenly one shirt is an entire wardrobe! The possible combinations are literally six!

*Out-wait your clothes:* If you let old laundry sit long enough, it will eventually pass the little-used smell re-test. Everybody loves a redemption story.

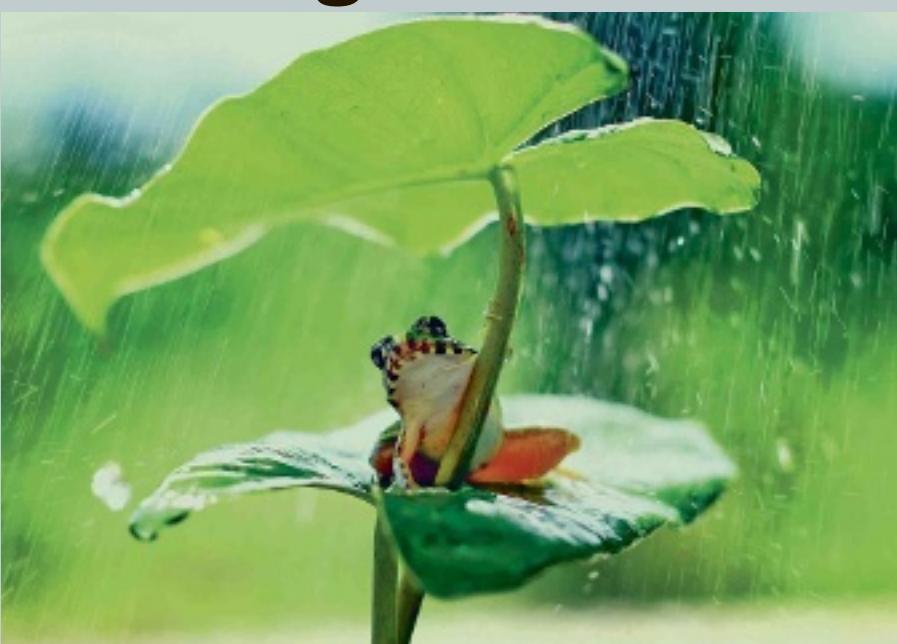
And do you have dirty clothes lying about that fail the smell test? If you let old laundry sit long enough, it will eventually pass the little-used smell re-test. Everybody loves a redemption story.

I hope you find these fashion tips useful. It's not about the look, it's about the attitude. The clothes make the man.

Or put another way, I wear the pants in my relationship. Whichever pair she chooses.

## ZOOM

### Croaking in the rain



This tiny frog shows even amphibians don't like getting wet sometimes by turning a leaf into a makeshift umbrella. MUHAMMAD RIDHA/SOLENT NEWS

#### Shelter from the storm

This green frog took shelter under a tropical plant to escape the shower in his jungle abode. Photographer Muhammad Ridha, 27, spotted the creature trying to dodge the raindrops while out for a walk near his home in Borneo, Indonesia. **MWN**



Photog's view

"When the frog saw me watching him, he stayed quiet but just carried on with his funny behaviour."

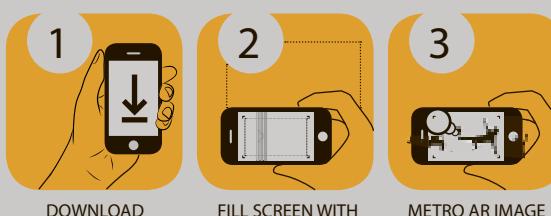
Muhammad Ridha

#### Picture proves worth the wait

Ridha stayed for half an hour to capture the image of the human-mimicking amphibian using his 50-mm lens. "I have never seen anything like this before so (I) decided to wait for that perfect moment," he said. "By great coincidence, I was there to see the frog holding onto the leaf stem like a person would clutch the handle of an umbrella." **MWN**

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In this issue, you can find AR enhancements on pages 15 and 17 in News, page 23 in Scene, page 26 in Life and page 32 in Sports

#### Worth mentioning

### Not-so-happy times for dancing Iranians



An Internet video of six young Iranian men and women dancing to Pharrell Williams' Happy has led to their arrests, showing how far Tehran will go to halt what it deems to be decadent western behaviour — despite the views of its moderate president.

Criticism outside Iran was predictably swift Wednesday, with calls for freedom for the jailed youths zipping around social media. Williams tweeted: "It's beyond sad these kids were arrested for trying to spread happiness."

A tweet posted Wednesday

suggested at least some of the dancers had already been released, though there was no independent confirmation from authorities.

The case was another reminder of the tensions that exist at the highest levels of Iranian power, with hard-liners determined to maintain the status quo while moderates try to push through change — be it improved relations with the West or a loosening of morality clampdowns at home.

Hard-liners are increasingly challenging Rouhani as the country negotiates a nuclear deal with world powers. The president campaigned for greater cultural and social freedoms in his bid to succeed Mahmoud Ahmadinejad last year.

**THE ASSOCIATED PRESS**



# Video game rockers aren't afraid to get their geek on

## Double Experience.

Local band's nerdy rock jams would be at home on any game soundtrack



**BACKSTAGE PASS**  
Jen Traplin  
ottawa@metronews.ca

As their official biography boasts, Ottawa-based rock band Double Experience have toured across six countries, performed more than 500 shows over 100,000 miles — and you've still never even heard of them.

"There has been a bit of a method to that madness, if you will," says lead singer Ian Nichols.

"We kind of wanted to build and own our craft and put in our 10,000 hours as musicians and then leave the cave of obscurity and start getting our head out into the world and see what happens."

Just weeks after forming under a different name in 2011, the band recorded and released their debut offering, *One Big Quicksand*.

Last year, the self-confessed video game rock nerds released a follow-up, *721835*, exclusively in the form of trading cards, prior to the full-length physical release this summer. The album showcases a unique sound influenced by everything the band loves: namely comic books, trading cards and gaming.

"For us, that's just an ex-



Double Experience, from left: Ian Nichols (vocals), Tim Kealey (bass), Kenny Saunders (drums) and Brock Tinsley (guitar) COURTESY VICKY KAO

tension of who we are," says Nichols.

But what is a video game rock band? Technically, they are just a rock band, but their music is heavily influenced by geek culture and sounds as though it would fit on any video game soundtrack. Think of bands such as Fall Out Boy, Queens of the Stone Age or Darkest of the

Hillside Thickets.

"On tour, one of the things we love to do is collect people's PlayStation Network ID tags and their XBox 360 tags so that, when we're not on tour, we can go back and play video games with our fans. For us, as a video game rock band, it just seemed right because that's who we are as people to begin with."

### Quoted

**"When we do things in Ottawa, we want to make it an event — something that's more than just a stop on the road."**

Ian Nichols, lead singer of Double Experience, on performing in the band's home town

Double Experience is wrapping up an Ontario tour with a show at Zaphods at the end of the month, a rare appearance in the guys' hometown.

Nichols admits the band only plays the Capital once or twice a year.

"I grew up in the Ottawa music scene, playing in a ton of other bands. Through past experience, when you're an Ottawa band, living in Ottawa, the more you play here, the more you wear it out," he explains.

"We always want to make Ottawa special, because it is our hometown, so normally we don't add an Ottawa tour

### Game on!

**Who:** Double Experience with Iconoclast

- **When:** Friday, May 30 at 8 p.m.
- **Where:** Zaphod Beeblebrox (27 York St.)
- **Tickets:** \$5 in advance, \$8 at the door

date when we're going out touring because, when we do things in Ottawa, we want to make it an event — something that's more than just a stop on the road."

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# John Turturro gets all the attention

**Fading Gigolo.** The actor-director plays a high-end escort, directs Woody Allen in new film

 **NED EHRBAR**  
Metro World News in Hollywood

At first glance, the attention-grabbing part of John Turturro's latest film as an actor and director, *Fading Gigolo*, is that it's about a mild-mannered flower salesman (Turturro) who ends up getting pimped out by an older pal (Woody Allen) to service high-end female clients (played by the likes of Sharon Stone and Sofia Vergara). But hidden under that comic shell is a poignant look at the dying mom-and-pop store culture of New York City.

**There's an impressive warmth to the cinematography in this.**

That's because we shot it on film. We tested film and digital, and we decided that

film was more flattering to all the ladies. It's just softer. It creates a world of the film, like when you see a beautiful photograph or a painting and it's kind of evocative, it's something you can be invited into. And I chose a lot of very hard places to shoot because they were all so small, so tiny. And listen, to get Woody out of khaki pants? Come on.

**How did you do that?**

I said, "Woody, that's not in my colour scheme." After being involved with the project for a couple of years and working in the theatre together, he was like, "OK."

I even got a ski cap on him. I mean, he's in a black jacket. He looks great!

**Woody doesn't often act for other directors.**

No. He likes me, I wrote the script, he gave me feedback on it, I revised it, we worked in the theatre together. So that's a two-year process of what you're seeing. In a way, Woody encouraging me and push-



John Turturro stars in his latest film, *Fading Gigolo*. CONTRIBUTED

ing me to make it deeper and whatever is kind of like the dynamic in the movie.

When I directed these plays, Woody would tell me, "Everything is great. Just

don't f-- it up."

**Your film takes place in a**

**world that's disappearing: small, independent NYC shops.**

These places are going. It's easy to be nostalgic about stuff, but there is a loss when there's less individuality and it's all the same. Go into a Starbucks, everyone's alone. I'm an investor in my bookstore in Park Slope because I like to be able to go to a bookstore that's not a chain. I don't like things that are too big, like supermarkets. They scare me. I just feel like that's not the way it's supposed to be.

**Have the Coen Brothers been in touch with you about the *Barton Fink* sequel?**

They're waiting for me to get really old, yeah.

**They said it might be time. How does that make you feel?**

Well, I'm ready for whatever they want to do. They want to grey me up, that's fine. Obviously with them I would do whatever. They're really some of my closer friends in the business and just in general.

## The Expendables' Kellan Lutz is ready for a little down time

**Cannes aftermath.**

Actor calls working on franchise 'a dream', but he could use a vacation

After a Cannes whirlwind that included a tank ride and walking the red carpet to promote *The Expendables*, Kellan Lutz was eager for a chance to unwind.

He got it as the luxurious Terre Blanche Hotel Spa Golf Resort in the Provence region hosted Lutz and other stars as a getaway from the Cannes madness. The 750-acre resort, which also has a vineyard, offered spa treatments and more, and provided culinary delights at a private dinner on Tuesday night.

"It's been exhausting in the best of ways," said Lutz, who planned to go to Monte Carlo, which is hosting the Grand Prix, after Cannes. "I just want to lay out by the pool, get a massage. I never treat myself. It's just a great little break."

Lutz was at the festival for *The Expendables 3*, which made arguably the biggest splash in Cannes. The all-star



Kellan Lutz was on hand at this year's Cannes Film Festival. GETTY IMAGES

cast, which includes Sylvester Stallone, Arnold Schwarzenegger, Mel Gibson, Jason Statham and Harrison Ford, rode down the famous Croisette in tanks, held a raucous press conference and walked the red carpet. It's out in August.

The Twilight actor called the experience surreal, particularly the Saturday morning tank ride, which drew a massive crowd.

"It was 10 a.m. We're like, who's up at 10 a.m.? We had

people running from where we started which was a mile away," he said.

Lutz said working with the veteran actors was "a dream."

"When you put them together, you would think that it would be an epic battle of who is bigger, who's better, who's stronger. But everyone complements each other significantly," he said. "I hope we get to do a fourth one and a fifth one." THE ASSOCIATED PRESS

From the guy who brought you *Ted*

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# Like music to our ears: Much Music Video Award nominees announced



West Coast rockers Hedley are nominated for six MMVAs. ALL PHOTOS GETTY IMAGES

**MMVAs.** Drake and Hedley are in the lead with six nominations each, while Pharrell scores a nomination for the first time

Toronto rapper Drake and West Coast rockers Hedley lead the way with six nominations each for the 2014 Much Music Video Awards, to be handed out June 15.

Vancouver hip-hop artist SonReal is next with five nominations while indie ensemble Arcade Fire and alternative R&B artist The Weeknd scored four nominations each.

Both previously announced performers Imagine Dragons and Lorde have two MMVA nominations each.

Additional first-time nominees include music innovator Pharrell Williams; Australian boy band 5 Seconds of Summer; plus Canadian artists July Talk, Keys N Krates, MAGIC! and Thugli.

Reality stars Kendall and Kylie Jenner were named last week as the hosts of the award ceremony.

"Kendall and Kylie are sure to bring their undeniable charm and trendsetting style to this year's epic award show," said a press release.

The 25th anniversary of the MMVAs will air at 9 p.m. ET on Much, CTV, and CTV GO.

THE CANADIAN PRESS WITH FILES FROM METRO



Lorde, nominated for two awards, will be performing at the MMVAs.

## A few of the nominees

### Dance Video Of The Year

- A Tribe Called Red feat. Northern Voice (Sisters, director Jon Riera)
- Autoerotique (Asphyxiation, director Amos LeBlanc)
- Chromeo feat. Toro Y Moi (Come Alive, director Alex Southam)
- Keys N Krates (Dum Dee Dum, director Amos LeBlanc)
- Thugli (Run This, directors Amos LeBlanc and Ohji Inoue)

### Video Of The Year

- Arcade Fire (Afterlife, director Emily Kai Bock)
- Drake (Worst Behavior, directors Director X and Drake)
- Hedley (Anything, director John JP Poliquin)
- SonReal (Everywhere We Go, director Peter Huang)
- The Weeknd feat. Drake (Live For, director Sam Pilling)

### Pop Video Of The Year

- Down With Webster (Chills, director Aaron A)
- Hedley (Anything, director: John JP Poliquin)
- Mia Martina feat. Dev (La La/Danse, director Michael Maxxis)
- Serena Ryder (What I Wouldn't Do, director Frank Guidoccio)
- Tegan and Sara (Goodbye, Goodbye, director Natalie Rae Robison)

(She Looks So Perfect, director Frank Borin)

- Daft Punk feat. Pharrell Williams (Lose Yourself To Dance, directors Paul Hahn, Guy-Manuel de Homem-Christo, Warren Fu and Cédric Hervet)
- Disclosure feat. Sam Smith (Latch, directors Ben Murray and Ross McDowell)
- Foster The People (Coming Of Age, directors Kyle Wightman and Alex Lee)
- Imagine Dragons (Demons, director Isaac Halasima)
- Kings Of Leon (Super-soaker, director W.I.Z.)
- Macklemore & Ryan Lewis feat. Schoolboy Q & Hollis Title (White Walls, directors Ryan Lewis and Macklemore)
- Maroon 5 (Love Somebody, director Rich Lee)
- Mumford & Sons (Hopeless Wanderer, director Sam Jones)
- One Direction (Story Of My Life, director Ben Winston)

### Your Fave Artist/Group

- Avril Lavigne
- Drake
- Hedley
- Justin Bieber
- The Weeknd

### Your Fave International Artist or Group

- Imagine Dragons
- Katy Perry
- Lorde
- Miley Cyrus
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Lea Michele ALL PHOTOS GETTY IMAGES

## Rachel and Mr. Schue?! Lea Michele admits to once dating Matthew Morrison

Lea Michele is changing her tune when it comes to her past with Glee co-star Matthew Morrison, but that's what happens when you have a book to sell. Back in 2010, stories cropped up about how the two had dated briefly before joining the hit musical series, but both vehemently denied them. "He's been a friend of mine from New York. People are going to make things up. I think it's just because we really are so

close," she told Hollywood.com at the time. But now? In her new book, *Brunette Ambition*, Michele recounts, "When we shot the pilot, I met Cory Monteith, Kevin McHale, Amber Riley and Chris Colfer for the first time. I had worked on Broadway with Jenna Ushkowitz and Matthew Morrison before. Matt had been a friend of mine for years, and in fact we'd actually dated back in the day." Glad we got that cleared up.

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

### The Word



### *Khloe and Kourtney want kloon charged*

MELINDA TAUB  
Metro World News

Khloe and Kourtney Kardashian are pressing criminal charges against a Los Angeles man for criminal battery. Sounds serious, until you find out that what he battered them with was confetti.

The sisters were walking on Melrose in Los Angeles when local street performer Richie the Barber, who was riding his unicycle nearby, spotted them. The clown

hurried over and showered them with confetti, according to TMZ.

The two sisters were not amused. They immediately filed a police report, which the police reportedly ignored as frivolous. However, Khloe and Kourtney followed up several days later, indicating that they planned to press charges.

Police then asked Richie the Barber if he intended to harm the women. He said no, according to TMZ: The confetti was meant to congratulate them on their success.

Let's hope Kim and Kanye don't have rice thrown at their wedding — Kim's sisters might have them arrested for attempted murder with a deadly weapon.

### Twitter



@JuddApatow

People who love tattoos must get so bummed when they run out of room to add new ones. That would drive me crazy. I am a hoarder.



@JohnStamos

Perhaps i'm not so irrelevant



@SarahKSilverman

Even after getting punched in the face with a smell I still think "I love you New York"



Jennifer Aniston

## Jen wants to shed 10 pounds to be Picture Perfect for her wedding

Not that anyone would say Jennifer Aniston is out of shape, but a rather catty source close to the former Friends star insists that Aniston is looking to shed an extra 10 pounds before tying the knot with

fiancé Justin Theroux. "No way is Jen getting married at this weight. She'll lose another 10 pounds before she'll walk down the aisle," the source tells Radar Online. "Jen's besties, including Chelsea Handler and Courteney Cox, have been informed of Jen's weight loss plan and support it — which sounds terrible, but is absolutely how Jen operates among her peer group."

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# 3

## HOMES

PLUS  
HOMES

# Beaching it like Beckham

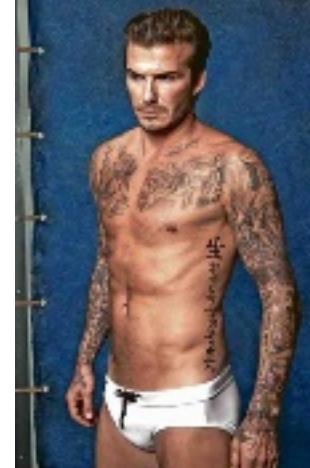
**Let's talk trunks.** The ex-footballer takes a dip into swimwear in latest collaboration with H&M.

RICHARD PECKETT  
Metro World News

If you only knew of David Beckham's existence through billboard posters, you'd swear that the man lives his life in tiny trunks. The 39-year-old's latest collaboration with Swedish retail chain H&M does little to dismiss that image. This time the tattooed body beautiful is launching, in his words, "a simple, old Bond movie-inspired" swimwear range of board shorts, trunks and swim shorts as part of David Beckham Bodywear for H&M. It's at a rooftop open-air swimming pool with gushing girls and water fountains that 'Goldenballs' reveals his designs that will hit stores globally today. Metro chats to Becks about stripping down, movie cameos and why tighty whities are his trunk of choice.

**You've worn many different styles of swimwear over the years but which is your preferred cut?**

I've kind of always gone for the tighter, smaller swimwear, personally. I'm sure there's gonna be a point where I'm not going to like it as much. But at the moment and from a very young age I've always gone for the tighter smaller white ones. One of my first actual holidays with Victoria — we'd only been together for about eight



**Spice up your swim**

"One of my first actual holidays with Victoria — we'd only been together for about eight months — I remember wearing a tight Gucci pair, which was quite daring but I was obviously trying to get her attention."

David Beckham on his swimwear choices

months — I remember wearing a tight Gucci pair, which was quite daring but I was obviously trying to get her attention. I wouldn't wear the smaller tighter ones walking down the beach with my kids. They'd be embarrassed.

**Speaking of embarrassment, how do your boys feel about you wearing such a revealing style? Have you achieved embarrassing dad status?**

(Chortles) They do give me the embarrassing dad look when they walk past a billboard of myself.

My mum does exactly the same. She will call up and say, "I've just walked past a huge billboard of you in your underwear." The boys are used to it now. The boys will kind of actually take selfies of themselves of me and my underwear.

**You have to stay in great shape for these campaigns. Don't you ever want to just kick back with a beer?**

Yeah, I do that anyway. I just have to make sure I work out in the morning after. To be hon-

est, I actually don't really work out every single day. I always take the boys and Harper to school. Trying to find time to work out during the day is difficult.

**For how many more years are you going to keep striping down?**

Not many more. I'm not trying to get away from that, but obviously I'm 39 years old now and I don't think people want to see me in my underwear

beyond this age. I'm still comfortable doing it but there will be a point pretty soon that I'll hang my underwear up.



**Once you've hung up your underwear, are you going to move into acting? Maybe a cameo in a Bond movie?**

Umm, no. I never wanted to go into acting in any kind of way. I've dipped in and I've dipped out. I've enjoyed doing certain things and when I've done it, it's always been done pretty well. I've been working with great directors like Guy Ritchie. But acting has never been something that I've kind of wanted to go into. But you never know, you never know.



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# Find a community garden that fits

**Grow together.** With plots ranging from large to small, personal to collaborative, there are community gardens to suit most everyone

Community gardens are much more than neighbouring plots. Given enough energy and enthusiasm, they morph into support groups, horticulture classes, swap meets or modest profit centres for low- and fixed-income growers. Small wonder there often is more demand than availability.

Many have waiting lists. In the Los Angeles area, for example, it can be a year or more before people are able to acquire garden plots, said Yvonne Savio of the University of California Cooperative Extension in Los Angeles County.

"Sometimes, people drive clear across town because that's where their plot

opened up first," Savio said. "Some people bring their tools with them on the bus."

Locations are advertised in newspapers, on the Internet and on neighbourhood bulletin boards. Sponsors vary from churches to hospitals, municipalities to large corporations.

"One of our gardens is run by five guys from a church," Savio said. "They literally farm. They plant what the parishioners want, then harvest the stuff and bring it to church every Sunday."

One Los Angeles-area hospital subsidizes a serenity garden. "They believe it's healthier for people to be outside in nature rather than stuck in hospital rooms," Savio said. "It's not so much what they harvest as it is the occupational therapists being able to exercise their clients."

Many cities offer grants to help get gardens started, said Bill Dawson, a community garden co-ordinator with the Franklin Park Conservatory and Botanical Gardens in Columbus, Ohio. "They rec-



A woman prepares planting beds in her personal plot at the South Whidbey Tilth Community Garden near Freeland, Wash. DEAN FOSDICK/THE ASSOCIATED PRESS

ognize it's an amenity, much like a park. Corporations are doing it, too, as a perk to employees."

Community gardens range in size from a few four-by-10-foot sections to several acres. They are managed either communally — the people in charge decide what needs to be done and when — or

left open for individual use. Sites might be offered free, or priced from \$5 to \$50 and more per season.

"Most gardens set fees because their expenditures in time, transportation (for gathering fertilizer, compost, mulch), water and storage are so high," Savio said.

THE ASSOCIATED PRESS

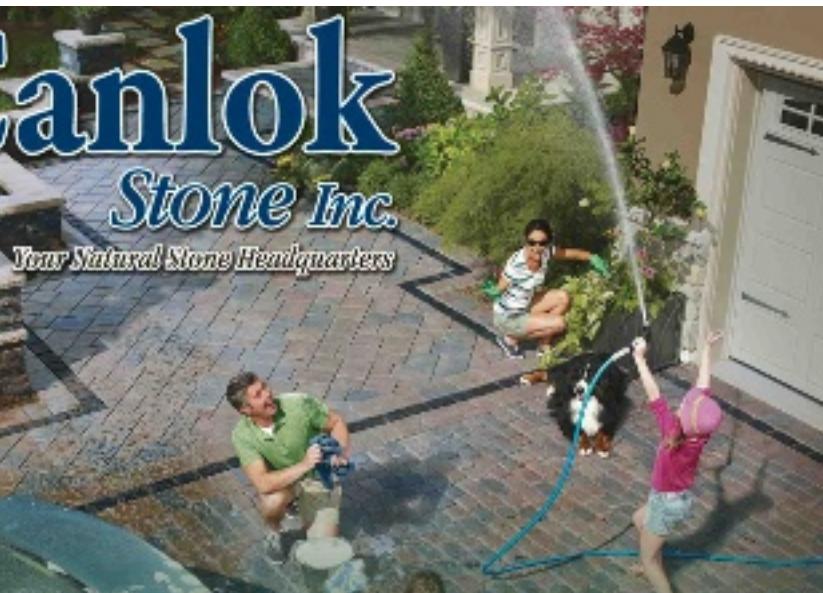
## Before you dig in

Consider these elements of community gardening before signing up:

- Know what you're buying into. Many people join simply to work on their own in personal plots. Communal gardening, however, is a commitment — a chance to interact and share cultures with others, Dawson said. Be open to teaching or learning.
- Turn surplus properties into green spaces. "Haul away the needles and trash and convert the areas into something beautiful and productive," Dawson said.
- Community gardening prompts families to make healthier food choices. "They get better at understanding the nutritional value of fresh carrots over fast foods," he said. "And if the kids are growing it, they're eating it."
- Embrace giving. Part of the harvest often is donated to food pantries or people in need.
- Engage in inter-generational gardening. "Our children come home from school telling us about composting and organic gardening," Dawson said. "The elderly know how to preserve and put things by. Families should learn from each other and enjoy. Share
- You can sell some or all of what you grow, Dawson said. "Gardeners can learn marketing skills, while at the same time get some seed money from their gardens."
- Online: [communitygarden.org](http://communitygarden.org)

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# When in Paris, saying 'oui' to tartare is a must

## Cookbook of the Week

Get into a Paris state of mind

LAURA CALDER



PARIS EXPRESS  
KITCHEN 101 FROM THE CITY OF LIGHT

Paris is known for its whimsical tourist attractions, romantic backdrops and, of course, its indulgent food.

In Paris Express: Simple Food from the City of Style, Laura Calder demystifies the idea that Parisian bites are technical and tedious.

With photos of both dishes and city scenes as well as about 120 recipes, Calder helps readers to build their Parisian kitchen repertoire through helpful tips. Recipes include Veal Fricassée with Mushrooms, Seared Duck with Plum Compote, Red Onion Tart, Raspberry Clafoutis, and more. METRO

**Steak Tartare.** This bistro favourite is authentically Parisian

"Burgers are storming Paris at the moment — hélas! — and everyone eats them with a knife and fork," writes Laura Calder in her book Paris Express. "But steak tartare remains a bistro favourite, and I prefer it hands down, as long as it's a good one, which, quite frankly, is a rare find (no pun intended).

"To make your own, be sure to get the meat from a reputable butcher and let him know you'll be serving it raw. A bit of fresh horseradish grated over the final product is classic. The contrasting crunch of thin slices of lightly toasted olive-oil-rubbed baguette are de rigueur with this, unless you're going to play bistro yourself and serve it with crisp french fries."

1. Make this dish just before serving.

2. If you haven't had the butcher mince the meat for you, put it in the freezer for about 30 minutes to make it easier to cut, then mince it very, very finely with a knife.

3. In a bowl, mix the shallot, anchovies, egg yolk, parsley, cornichons (gherkins), capers, mustard, Worcestershire sauce, Cognac (if using), and hot pepper sauce. Add meat and mix well. Season with salt, pepper, and lemon juice. Shape into 4 patties and arrange on plates.

4. For garnish, dress a handful of micro-greens very lightly with olive oil, lemon juice, and salt and pepper. Set a pinch on top of each tartare shape and serve. RECIPES FROM PARIS EXPRESS BY LAURA CALDER ©2014 (PUBLISHED BY HARPERCOLLINS PUBLISHERS LTD. ALL RIGHTS RESERVED.)

### Ingredients

- 8 oz (225 g) rib-eye steak
- 1/2 shallot, minced
- 2 anchovies, rinsed and chopped
- 1 raw egg yolk (or 1 tsp mayo)
- A handful of chopped fresh parsley
- 1 tbsp chopped cornichons
- 1 tsp chopped capers
- 2 tsp Dijon mustard
- 2 tsp Worcestershire sauce
- 2 tsp Cognac (optional)
- Few drops hot pepper sauce
- Salt and pepper
- A squeeze of lemon juice
- A handful of micro-greens, for garnish
- Olive oil



This recipe serves four. PHOTOS ANCUȚA IORDĂCHESCU © 2014

## Roasted Confetti Ratatouille

"Confetti-like sparkles of tomato and warm-coloured peppers make this roasted take on ratatouille different from the average chunky, soupy mix," writes Laura Calder in Paris Express.

1. Heat the oven to 400 F (200 C). Toss all the ingredients together — except the olives and basil — and spread in a single layer on a baking sheet (or 2 smaller baking sheets, depending on their size). Bake, stirring once or twice, until tender, 20 to 25 minutes. Stir through the olives and basil and transfer to a serving dish. Serve warm or

### Ingredients

- 1 orange pepper, finely diced
- 1 yellow pepper, finely diced
- 2 small zucchini, finely diced
- 2 small eggplants, finely diced
- 3 to 4 medium tomatoes, seeded and finely diced
- 3 garlic cloves, minced
- 1/4 cup (60 ml) olive oil, more as needed
- Salt and pepper
- A handful of sliced pitted black olives
- A large handful of shredded fresh basil leaves

at room temperature.



This recipe serves six to eight people.

### For your phone

The Photo Cookbook – Barbecue Grilling (iPad/iPhone; \$3.99)

MIND THE APP  
Kris Abel  
@RealKrisAbel  
life@metronews.ca

This visual collection of 60 step-by-step recipes includes skewers for meat, poultry, and seafood, plus some really inventive veggie choices including stuffed mushrooms, flatbread, and a baked camembert berry compote.



# 'Thomas Vanish' moved to 4th line

**NHL playoffs.** Habs coach tweaks lineups after poor offensive outings versus Rangers

It is Thomas Vanek's turn to feel the heat.

The veteran forward suddenly became a target among fans and media in Montreal for his lack of production as the Canadiens dropped the opening two games of the NHL Eastern Conference final at home.

It was given more fuel Wednesday as coach Michel Therrien dropped the team's marquee trade-deadline pickup to the fourth line, although that put him with his former Buffalo teammate Daniel Briere in a potentially dangerous scoring duo.

In fact, three of the four lines were changed, with only the top unit of centre David Desharnais between Max Pacioretty and Brendan Gallagher intact.

The Canadiens are looking to get their attack going after scoring only three goals in the opening two games of the best-of-seven series against Rangers goaltender Henrik Lundqvist.

"Obviously we have to find a way to score some goals," said defenceman Andrei Markov. "It's not easy but we have to try our best. Maybe we have to adjust something."

The second line had Tomas Plekanec with Alex Galchenyuk and Brian Gionta on the wings, while third-line centre Lars Eller was with Rene Bourque and Dale Weise. Brandon Prust



Thomas Vanek is under the microscope in Montreal with the Canadiens desperate for offence down 2-0 to the New York Rangers in the Eastern Conference finals. RYAN REMIORZ/THE CANADIAN PRESS

skated with Briere and Vanek.

Therrien cautioned not to read too much into it as it all could change again ahead of Game 3 on Thursday night in New York.

"One thing, the Plekanec line needs to give us more," the coach offered. "I'm ready to stick sometimes with combinations and with three guys working together as long as I see results."

"Sometimes the results are not there but the chances are there. But if I see there are no chances, not much happening, now I'm at a point where I have to make some decisions. Hopefully by making some changes,

something's going to happen."

Plekanec had been playing with Vanek, who had no points and was minus-3 with one shot on goal in the opening two games against the Rangers: a 7-2 wipeout on Saturday and a 3-1 loss on Monday night.

He has been slammed for a perceived lack of effort, and some are calling him Thomas Vanish. THE CANADIAN PRESS

Online

Go to metronews.ca  
for more NHL  
playoff coverage.



With star goalie Carey Price out injured, the Habs will go with Dustin Tokarski for Game 3. THE CANADIAN PRESS

## CFL rejects players' labour proposal

The CFL and its players broke their silence on labour negotiations Wednesday with talks stalling just a week before the start of training camps.

In its first public statement on the negotiations, the league announced it had rejected a proposal from the CFL Players' Association and unveiled details of the offer it made to players May 15. Commissioner Mark Cohon outlined the specifics by releasing two letters — one to players and another to fans.

Hours later, the players' as-

No deal

**"We advised the CFLPA in no uncertain terms that their proposal was not realistic."**

CFL Commissioner Mark Cohon, who said the CFLPA's financial proposal provides for a salary cap increase to \$6.24 million in 2014.

sociation called an impromptu news conference to outline the proposal it sent the league Tuesday. They had expected the offer to be the impetus for discussions the following day.

"It's unfortunate that it's come to this," CFLPA president

Scott Flory said. "We had an agreement in place on a 24-hour ban on making statements to the media and they broke that here today. Again we are disappointed."

"Today appears to be, from our perspective, an orches-

trated attack ... we were a little shocked and feel a little bit ambushed about what happened today."

Cohon defended the league's decision to go public.

"If you look at our negotiations in 2010 and over the last several months to this point we absolutely have not spoken to the media and we've all been resolute about that," Cohon said. "I think we got to a point in the negotiations where we put what we felt was a fair and reasonable offer in front of the players and players' association

### NBA

**George concussed, Pacers banged up**

The long break between games in the Eastern Conference finals could be welcomed by Indiana, after Pacers guard Paul George was diagnosed Wednesday with a concussion that will force him to complete several NBA-mandated procedures before he can return to the matchup against the Miami Heat.

The series, now tied at a game apiece, doesn't resume until Saturday night.

George was hurt in the fourth quarter of Miami's Game 2 victory. He stole the ball from Dwyane Wade, but wound up tumbling face-first to the court. Wade, also going for the ball, struck the back of George's head with his left knee.

Indiana not only needs to get George cleared but also had starters Lance Stephenson, Roy Hibbert and David West all either limping or ailing in the final minutes of the loss.

THE ASSOCIATED PRESS

### NFL

**Wheels in motion for sale of Bills**

The Buffalo Bills have officially gone on the market with the hiring of financial and legal advisers who are expected to contact prospective buyers within the next 30 days. The team says Morgan Stanley will act as financial adviser and Proskauer Rose as legal adviser during the sale.

The Bills, whose long-term future became uncertain with the death of owner Ralph Wilson in March, were last valued by Forbes to be worth \$870 million. THE ASSOCIATED PRESS

and they rejected that offer and came back with something that was untenable and clearly not reflective of where we are as a league today and where we're trying to get to.

"We had the opportunity and the legal right to go out and speak directly to the players."

No new talks are scheduled. The current agreement expires at midnight on May 29 and training camps are scheduled to open June 1. The regular season is slated to kick off June 26. THE CANADIAN PRESS



Junior Lake of the Cubs steals second base ahead of Derek Jeter's tag on Wednesday at Wrigley Field. DAVID BANKS/GETTY IMAGES

# Yankees fuel Cubs starter's frustration

**MLB.** Chicago's Samardzija hurls 7 shutout innings, but win drought continues at Wrigley Field

Brendan Ryan scored on a wild pitch before John Ryan Murphy capped a two-run 13th inning with an RBI single, and the New York Yankees beat the

Cubs 4-2 Wednesday after Chicago wasted another dominant start by Jeff Samardzija.

New York scored two in the ninth against Hector Rondon to wipe out a 2-0 deficit. Samardzija pitched four-hit ball over seven innings.

Ryan started the winning rally with a leadoff single against Jose Veras (0-1). Yangervis Solarte walked, and the runners moved up on a sacrifice bunt by Preston Claiborne (2-0) toward third.

**On Wednesday**

<b>4</b> Yankees	<b>2</b> Cubs
---------------------	------------------

Ryan came home when Veras threw a pitch over Murphy's head, and Murphy drove in Solarte with a single to right

to make it 4-2. The Yankees had runners on second and third with two out when Derek Jeter grounded out to end the rally.

Claiborne got the win, pitching 1 2/3 scoreless innings, and David Robertson worked the 13th for his ninth save in nine chances.

Samardzija's winless streak was stretched to 16 starts despite lowering his major league-leading ERA from 1.62 to 1.46. **THE ASSOCIATED PRESS**

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## World Cup. 'Deep-rooted racism' rears head in Italy

FIFA vice-president Jeffrey Webb condemned "deep-rooted racism" in Italy on Wednesday after Mario Balotelli was racially abused while training with the national team.

A year after spearheading the strengthening of FIFA's discrimination sanctions, Webb is frustrated that some countries including Italy and Spain are not showing the commitment required for the fight against racism.

"National associations obviously really have to not just talk about zero tolerance — they have to put action behind it," Webb told The Associated Press in an interview in London. "If you look at some of the decisions that have been taken in



Mario Balotelli  
GETTY IMAGES

Spain and Italy definitely that's cause for concern." Balotelli faced racist chants again on Wednesday morning in Italy — this time at the national team's World Cup training base in Florence.

"Unfortunately, it just shows the deep-rooted racism and prejudice that exists obviously in the Italian community and society at large," said Webb, who heads FIFA's task force against discrimination. "It is a fight, it is a challenge."

**THE ASSOCIATED PRESS**

### Heat concerns in Brazil

#### FIFA stands by sked despite lawsuit

FIFA said Wednesday it is not considering changing kickoff times or adding mandatory cooling breaks during World Cup matches, despite being sued by Brazil's players' union because of health concerns.

FIFA said it spent nearly two years analyzing start times for Brazil and always considered players' health.

The players' federation filed a lawsuit this week to push back kickoff times of the 24 matches scheduled to start at 1 p.m. local time.

**THE ASSOCIATED PRESS**

### Itaquero stadium

#### Sao Paulo venue wait gets longer

Uncertainty about Brazil's readiness for the World Cup opener will linger a little longer after FIFA and local organizers postponed the final test event at the troubled Sao Paulo stadium because of concerns expressed by local authorities.

The Brazilian league match scheduled for May 29, a Thursday, was moved to the following Sunday to keep the event from disrupting the city's "operational routine" on a working day.

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**Horoscopes****Aries****March 21 - April 20**

You will jump right in and get things done today. Your mind is working fast and your body isn't far behind it, so do what feels right and do it magnificently. You will surprise a few people by what you achieve.

**Gemini****May 22 - June 21**

There is no point making plans because whatever you decide is likely to be overtaken by other events. Just be ready to act when the opportunity arrives and don't be surprised if it's not what you were expecting.

**Taurus****April 21 - May 20**

Your insight is such that others may wonder if you are psychic. Maybe you are, in a way, but there is nothing supernatural about your aims: you want to be a success and you want to be rich.

**Cancer****June 22 - July 23**

There are times when it is best to keep your feelings to yourself but this isn't one of them. You may surprise yourself with the intensity of your emotions over the next 24 hours. You've been keeping too much inside.

**Leo****July 24 - Aug. 23**

Others will be very happy to do what you ask of them today, so long as they feel that you value their efforts. Say all the right things and push all the right buttons and chances are you won't have to lift a finger yourself!

**Virgo****Aug. 24 - Sept. 23**

If you want to make an impression on people in positions of power, now is the time. The Sun in the career area of your chart urges you to do something that makes others sit up and take notice.

**Libra****Sept. 24 - Oct. 23**

You will be on inspired form over the next few days. Every idea you have — and you will have plenty — will be touched by genius in some way. Remember though that ideas mean nothing unless you do something with them.

**Scorpio****Oct. 24 - Nov. 22**

The planets warn you may fall prey to worries and anxieties that at most others times would not bother you in the slightest. Keep telling yourself that each and every one of them is an illusion. Reality is what YOU want it to be.

**Sagittarius****Nov. 23 - Dec. 21**

You have been asking some searching questions of yourself of late and today you will discover that the answers you seek are not to be found in your career or in making more money. Listen to your inner voice. It knows what you need.

**Capricorn****Dec. 22 - Jan. 20**

Don't be afraid to break the rules. You may be a straight up person but sometimes even a Capricorn has to take a shortcut to get where they most want to be. So long as it does not hurt other people, it's not immoral.

**Aquarius****Jan. 21 - Feb. 19**

You will be on inspired form over the next two or three days. The Sun in Gemini will encourage you to believe that all things are possible and that taking risks is not an option but a necessity. Life is about to get interesting!

**Pisces****Feb. 20 - March 20**

The solution to a problem that has been causing you sleepless nights will pop into your head today and you will kick yourself mentally for not having seen it sooner. Never mind, now you know what to do — so do it.

SALLY BROMPTON



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### Yesterday's Crossword



### Crossword: Canada Across and Down

#### Across

1. April Wine's "Just Between You \_\_\_\_"
6. Rocker Mr. Gallagher
10. Plug-less network connection
14. Repeat a TV show
15. Lodging of lore
16. Water wader
17. Canadian store for sewing supplies, etc.
19. Robert De \_\_\_\_
20. Rihanna/Mikky Ekko song
21. Pencil gradings, commonly
22. Roof-accessing need
24. Flowery souvenir
25. Pants holder-upper
26. Anne Shirley's beloved: 2 wds.
32. Ovid's love poetry collection
33. Concernings, curtly
34. Cheerios stuff, \_\_\_\_ fibre
36. Phoney
37. Curtain call maneuver
38. By land \_\_\_\_
40. Mr. Cage, to pals
41. Trend
42. Avow
43. Canadian Cocktails: Bloody Caesar
44. glass feature: 3 wds.
46. Some streets, shortly
47. \_\_\_\_-Medonte (Ontario township)
48. Cooking cover: 2 wds.
51. Brazil: \_\_\_\_ Paulo
52. Network VIP
56. Matinee \_\_\_\_
57. ISBN = International Standard \_\_\_\_
60. Place
61. BMW rival
62. Chimney plume
63. Soon, to Shake-

#### Down

1. Canine communications!
2. Orderly
3. \_\_\_\_-bit on, as ointment
4. Muddy

5. Q. "What show did George Clooney star on?" A. "\_\_\_\_, believe."
6. Juno-winning Reggae artist, Elaine \_\_\_\_ Shepherd
7. "\_\_\_\_ little time..." (The fastest way)
8. Beach Boys' "Barbara \_\_\_\_"

9. Strung-together musical blends
10. Southeastern Saskatchewan village
11. In the same place, Latin-style [abbr.]
12. Campsite warmth-giver
13. "I'm not sure if it \_\_\_\_ not."
18. Sonny Bono's



See today's answers at [metronews.ca/answers](http://metronews.ca/answers).

BY KELLY ANN BUCHANAN

duets partner, and namesakes

23. Music: \_\_\_\_-Rock

24. Some jeans

25. What the wind did

26. Chatter

27. Bruce Springsteen's "\_\_\_\_ Fire"

28. Someone smart's specialty

29. Canadian music manager for acts including Bryan Adams and Anne Murray: 2 wds.

30. "Canadian Girls" by Dean \_\_\_\_

31. Reliever

35. Ms. Hatcher

37. Drinking spots

38. Nobel Peace Prize city

39. PIN-inputting spot

41. Horse's food-holding thingy

42. Mr. Carter, singer Nick's brother

44. Caesar's 56

45. Absorb all: 2 wds.

48. Tilting Tower

49. Aesir ruler

50. Oz dog

51. Fizzy drink

52. Famous model

53. Gaming console

54. "\_\_\_\_! spider!"

55. On-the-streets believability, for short

58. "Days of \_\_\_\_ Lives"

59. Show-to-seats, shortly



ANSWERS: 1. Kabob is missing; 2. Shirt is a different colour;  
3. Map is missing from backpack; 4. Shoes are now orange;  
5. Man's beard is removed.

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